



Letter to Myself

TARGET GRADES

Middle School and High School

OBJECTIVE

Students will reflect on where they are currently at in their education journey, their goals and dreams, and what their future will look like.

MATERIALS

- Computer with internet access
 - Student email address
 - Access to website <http://www.futureme.org/>
- OR**
- Postcards/Paper to write letter
 - Envelopes
 - Stamps

Note: If students are writing the letters by hand, the letters will have to be stored and sent at a later date or students can keep them and not open them until the date chosen.

PREP TIME REQUIRED

5 minutes

PREP STEPS

If writing the letters online, check to see if <http://www.futureme.org/> can be access at school. If not, contact school or district IT department to unblock the website. If writing the letters by hand, get together all the materials for students to be able to use and write the letters to themselves.

ACTIVITY TIME REQUIRED

15 minutes

ACTIVITY INSTRUCTIONS

Students can choose when the email will be delivered, but recommended times include: beginning of senior year, end of senior year, first year of college, or college graduation.

When writing their letters, students should reflect on how they currently feel about their education, their hopes for their education and career, goals they have and would like to accomplish, challenges they may face, and advice for themselves.

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